#### JOURNEY4US NEWSLETTER 002

## Thank you for being here!



Dear Journey4Us Community:

I am sending you our mid-year newsletter to officially express my appreciation, and to give you a little recap of what has been going on in the past few months. Before I begin, I would like to emphasize again the goals of our community.

#### JOURNEY4US MAIN FOCUS

## **HAPPY**

Publishing blogs that we believe can bring joy to all of us.



## **HEALTHY**

Publishing blogs that we believe can motivate us all to be healthier.



## HARMONY

Publishing blogs that can inspire us all to achieve a harmonic life.



Our tagline, Happy Healthy Harmony continues to be our driving force to move forward and aim nothing else but a harmonic living. Last October 2021, I experienced the most difficult time of my life I would say. I was devastated about my sister's passing as many of you would have known. Having Journey4Us during those moments somehow helped me face the incident in a healthy way. I was thinking at that time that I must try to remind myself about what I am sharing to people in my community. To see a rainbow after the rain. Although it was extremely difficult, I guess I somehow faced it in the most healthy way I know. Then, it made me wish, "I wish journey4us community members have experienced that benefit too, being here." Let us know if yes or not. Tell us your story!



#### JOURNEY4US CONTINUES TO BUILD HEALTHY COMMUNITY

"The lowest moments of my life give me strong motivation to persist and do well."

teriz@journey4us



I really thought I knew what love and pain is, not until I experienced the loss of my sister. Recalling how it went, I can say that true love is immeasurable. One of the most unique characteristics of human beings is our ability to express love to someone with diversity. Those characteristics we have need to be consciously practiced, and acknowledged. Through that I believe we can make this world a better place.

As a result of my sister's and her baby's passing, we were able to create more ways on how we can all work together to achieve a happy, healthy, and harmonic life. Take a look at these projects we have been working on.



To commemorate the passing of my sister and her baby, I decided to put up a Foundation called, Michelle & Baby Foundation. The main goal of this foundation is to provide helpful information and outreach programs for pregnant women all around the world. You can read more about it on our website. Check it out now, and express your support.

Another way of giving honor to my sister and her baby's passing is our Journey4Us Clothing & Apparel. Right now, we are producing comfortable maternity clothes with matching baby clothes. These original products can be found in our shop, and in all our social media accounts. These products follow a #purchase4acause tagline. The profit from these products goes to all our philanthropy activities. It is just beautiful I would say.



JOURNEY4US WELCOMES ANY PHILANTROPHISTS WORLDWIDE









### WE ARE HIRING

Applicants may send their application letter and portfolio to teriz@journey4us.com

#### IMPORTANT DATE TO REMEMBER

#### 20TH MARCH 2022

- Michelle's supposed to be 35th birthday. On this day, families and friends will be attending Michelle's plant a tree memorial service at CIA First.
- Purchase for a cause dresses will be up on Journey4Us shop. These dresses are named:
- Butterfly's Dress Rose' & You Beautiful Dreams-





- Months have passed yet still, everything is clear.
- I think of you each day, wishing you were here.
- **C** Chose to ignore, though the yearning desire is natural.
- H Hoping you are happy and at peace, wherever you may be.
- **E** Everything you did, was full of love and beauty
- Let us celebrate you today, and onwards
- Laughing Michelle, we all are dreamin'
- **E** Endless love for you, everyday you are with us.

# Thank You!

#### TO THESE SPECIAL PEOPLE WHO HAVE SHOWED ME GREAT EMOTIONAL SUPPORT DURING THE TURMOILS OF MY LIFE.

- My family all over the world, my kids and my love. I couldn't imagine not having them during those moments.
- Michelle's friends and colleagues. You are the best, and thank you for allowing us to continue being in your lives. This made us somehow still complete.
- My colleagues especially my Head of School and Principal. I do feel the sincerity.
- My small circle of friends whom I can share my real emotions with. You know who you are.
- My Journey4Us community, from Facebook, Instagram, TikTok, Twitter, Linked In, Pinterest, Youtube followers and supporters.
- To the Almighty, who is in control of everything. All glory and honor to Your holy name.

Visit us ment

teriz@journey4us

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